Dear parents/ carers

Since the academic year 2021, Relationships Education and Health Education been statutory in all primary schools in England. Updated guidance came into place in September 2026.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We researched various educational programmes that were available and decided to adopt Life to the Full by Ten Ten Resources. Ten Ten is an award-winning Catholic educational organisation that is well respected and very experienced in this field of work. It continues to review and develop the resources available and we have now opted to use the most updated programme called Life to the Full Plus.

Life to the Full Plus has been approved by our diocese. Furthermore, Ten Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school but will also give you the opportunity to engage your children in discussion, activity and prayer.

Ten Ten Resources have developed an Online Parent Portal which is a tool we use throughout the year to keep you informed and updated about the work we are doing in school.

Please feel free to look through the Parent Portal by visiting:
https://www.tentenresources.co.uk/parentportal/

You will need the username and password shown below to access it as well as accessing the consultation tool:

Username: st-john-fisher-de24 Password: bingo-caller

We would like to have your feedback on our approach to RSHE, and particularly on the key decisions that we need to take regarding the teaching of certain topics. We have opened a consultation period during which we welcome your feedback. This will run until Monday 30th November

Please complete our survey here. Details of the 'Key decisions' and our proposals are at the end of the letter.

To support, Ten Ten Resources have provided an online Parent Consultation Tool. This is a simple to-follow, online tool which:

- Outlines the statutory changes that have taken place in England.
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make, in consultation with parents.
- Answers some Frequently Asked Questions.

To complete the Parent Consultation Tool Course and become fully aware of all the aspects of our RSHE Curriculum:

- Click this link: www.tentenresources.co.uk/parent-consultation-primary
- Log in: Username: st-john-fisher-de24 Password: bingo-caller
- Complete the course at your own pace.

Life to the Full Plus is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

Life to the Full Plus is intended to be a partnership between home, school and church. We know that you already do a fantastic job and we see the programme, Life to the Full Plus, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported in their Relationship and Health Education.

If you have any questions, please feel free to reach out to mr Lobb or Mrs Blurton.

Best wishes

Graham Lobb

Headteacher

The survey gives you the opportunity to review the 'Key Decisions' we have to make – as well as give your views more widely.

For our 'Key Decisions' we propose:

Key Decisions:

Key Decision #1: Genitalia

In Key Stage One, a decision must be made about whether to introduce names of genitalia to Years 1 and 2.

At St John Fisher we propose to teach the vocabulary for Genitalia in Year 2. This is covered in the session called 'Girls and Boys'.

Key Decision #2: Puberty

Puberty is part of the statutory Health Education and Science Curriculum for Key Stage 2. The decision to be made is when it is considered to be the best time to teach children about puberty and the changes to their bodies. Ten Ten recommends and provides sessions with this content for Year 4 children.

At St John Fisher, we propose to teach Puberty at Year 4.

Key Decision #3: Life Cycles

In Year 4, there is a session called Life Cycles which children learn about the human reproductive system. The session does not discuss sexual intercourse. This teaching is given in the context of being created, chosen and loved by God. Teaching about the reproductive system is not explicitly requested as part of the statutory RSHE curriculum. The DFE guidance says that primary schools *"should ensure that both boys and girls are prepared for the changes that adolescence brings – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born."*
The decision is to consider when the best time to teach this content would be.

At St John Fisher, we propose to wait until year 5 and 6 to teach about the human reproductive system.

Key Decision #4: Talking About Pornography

One of the sessions in Years 5 and 6, 'Seeing Stuff Online', addresses the risks that children face from seeing explicit images and videos online. This is very much a lesson about 'online safety' and therefore falls under the statutory 'Keeping Children Safe in Education'. However, it is currently under debate as to whether it is also considered to be part of the non-statutory Sex Education curriculum.

At St John Fisher, we propose to teach this session to Year 5 and 6 children.

Key Decision #5: Talking About Sex

In Year 5 and 6 there is a session called 'Making Babies Part 2' which answers the question: 'Where do babies come from?' Teaching about sexual intercourse to primary school children is not part of the statutory curriculum, however, it is a natural progression of the conversation

around the scientific understanding and teaching of how babies are made (sperm and egg). Ten Ten have created the session with delicacy and care in an age-appropriate way on love, intimacy and marriage.

At St John Fisher, we propose to teach this session to Year 6 children.

Key Decision #6: Female Genital Mutilation (FGM)

The decision is whether to teach about Female Genital Mutilation (FGM). Although the duty to teach about FGM is not statutory for primary schools, it can optionally be applied following consultation with parents and governors. The Ten Ten programme offers schools the opportunity to include teaching on FGM in an age appropriate way within various sessions from Year 1 to Year 6.

At St John Fisher we propose not to teach this element due to the current contextual nature of the school.

Key Decision #7: Discussing Protected Characteristics concerning sex

Key Decision #7a

The final area concerning a Key Decision is linked to a session called 'Build Others Up'. At the beginning of the session, children are invited to watch the film 'Imagine a world…' which introduces children to the terms *fairness*, *bullying*, *prejudice*, and *discrimination*, and the characteristics *of age*, *disability*, *marriage and civil partnership*, *pregnancy and maternity*, *race*, *and religion or belief*.

The protected characteristics of sex, sexual orientation and gender reassignment are **not** explicitly named within the film.

Within the same session, children are presented with a number of scenarios to discuss and sort that concern discrimination / bullying of the protected characteristics of sex and/or sexual orientation. The key decision for 7a is whether to include the activity with this element of sexual orientation within the session.

At St John Fisher, we propose to teach this element within the session 'Build Others Up' with Year 6 children.

Key Decision 7b, 7c and 7d relate to three Classroom Short videos

Key Decision #7b

'**Recognise**'- In this film, one aspect is to learn that homophobia is being prejudiced against someone because they are attracted to someone of the same sex. They hear that, "The other children at school are bullying Felix because he has two Dads who are in a same-sex partnership."

Key Decision #7c

'**Attraction**' – This video explores what attraction is and that someone can be attracted to someone of the same or the opposite sex.

Key Decision #7c

'**Stereotypes**' This video explores the concept of gender stereotypes and how these stereotypes might make us feel. Clarity on gender identity being separate from sexual orientation will be made. Children will be encouraged to celebrate God's creation by valuing the uniqueness of each and every person.

The decision for 7b,7c and 7d is whether to include these short videos within our curriculum.

At St John Fisher, we propose to use these videos with Year 6 children