

# **Pastoral and Mental Health Graduated Response**

#### <u>Tier 5 – Outside agency</u> <u>support</u>

Requests made for external specialist support. CAMHS, EHA, SPOA, Ed Psych, Nurse, Building Sound Minds. Safety plans will be made in response.

### Tier 4 - Compass support

Child highlighted as needing ongoing support. Link meetings with Compass will identify 1:1 support with parents or group support.

#### **Tier 3 - Targeted Interventions**

Interventions planned and implemented. Monitor and review the progress thoroughly. ELSA, 1:1 on Zones of Regulation, personalised timetables, chat and colour, social stories, Lego therapy, bereavement support.

### Tier 2 - Pastoral Support

Child highlighted by Class Teacher, SENDCO or parents in needing meet and greets at the gate, regular check-ins throughout the week and time to talk through situations and feelings. These will be recorded to identify possible trends or patterns. These children will be identified on a pupil passport so that all staff are aware of any support or strategies needed.

## Tier 1 - Universal Entitlement

All children are entitled to Quality First Teaching including emotional and well-being support through Zones of Emotional Regulation. Children will be taught how to identify emotions, how it makes their body feel, and how to overcome emotions in the blue, yellow or red zones. Whole school rules are embedded. Attendance and punctuality are monitored. Workshops on SATs, transition, bullying, friendships, time out passes, safe space.

St John Fisher Catholic Voluntary Academy <a href="https://www.stjohnfisherderby.srscmat.co.uk">https://www.stjohnfisherderby.srscmat.co.uk</a>