

# Pentecost 1

## RSE – Module 3: Created to Live in Community

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Personal Development Opportunities  'Understand others'
<b>EYFS</b>	TenTen  Module 2 Unit 1: Session 1 – Role Model	Zones of Emotional Regulation	Caritas –  Family and Community – My school family	Ten Ten  Unit 2: Session 1 – Who's who?	Zones of Emotional Regulation	Caritas – Family and Community – We love and look after each other because we are all brothers and sisters in God's family.	
<b>Year 1</b>	Ten Ten  Unit 1: Session 1 Three in One	Zones of Emotional Regulation	Caritas – Family and Community – We are all part of a community	Ten Ten  Unit 1: The communities we live in	Read 'What happened to you?' by James Catchpole and focus on disability – British values	Caritas – Family and Community – We look after and care for each other	
<b>Year 2</b>	Ten Ten  Module 1 Unit 4: Change is all around	Zones of Emotional Regulation	Caritas – Family and Community – We are all part of a community	Read 'in every house, on every street' by Jess Hitchman – discuss different families and cultures	Zones of Emotional Regulation	Caritas – Family and Community – My community needs me	
<b>Year 3</b>	Ten Ten  Module 3 Unit 1: Session 1 A Community of Love	Zones of Emotional Regulation	Caritas – Family and Community  The Big Book of Families Discuss the different	Ten Ten  Unit 1: Session 2 What is the Church?	Zones of Emotional Regulation	<u>Stealing</u> Being responsible	

			protected characteristics				
<b>Year 4</b>	Ten Ten  Module 1 Unit 4: Session 3 Big changes, little changes	Zones of Emotional Regulation	Caritas – Family and Community – Building up the kingdom of God	<u>Coming home on time</u> - Being responsible	Zones of Emotional Regulation	Caritas – Family and Community – Read ‘when stars are scattered’ – focus on Refugees	
<b>Year 5</b>	Y5: Unit 2 Session 1: Reaching out  Y6: Module 1, Unit 2: Session 3 – Boys’ Bodies	Zones of Emotional Regulation	Year 5: Caritas – Solidarity and the common good – I listen to you with my ears, eyes, heart and mind  Year 6 Module 1 Unit 2 – Session 4: Spots and Sleep	Year 5: Caritas – Solidarity and the common good - We walk together as people of peace  Year 6 Module 1 Unit 3 – Session 1: Body Image	Zones of Emotional Regulation	Year 5: Caritas – Solidarity and the common good – We face challenges together  Year 6 Module 1 Unit 3 – Session 2: Funny feelings	
<b>Year 6</b>	Ten Ten  Module 1, Unit 2: Session 2 – Girls’ Bodies	Zones of Emotional Regulation	Ten Ten  Module 1, Unit 2: Session 3 – Boys’ Bodies	Ten Ten  Module 1 Unit 3 – Session 1: Body Image	Zones of Emotional Regulation	Ten Ten  Module 1 Unit 3 – Session 1: Funny Feelings	

## Pentecost 2

### RSE – Module 3: Created to Live in Community

	Cycle A RSE	Cycle B HEALTHY FORNIGHT	Cycle C Circle Time	Cycle A RSE	Cycle B 1 Decision	Cycle C Circle Time	Personal Development Opportunities  'Concentrate' and 'Imagine'
<b>EYFS</b>	Ten Ten  Module 2, Unit 3: Session 4 – People who help us	Zones of Emotional Regulation  To know some ways of “getting back to green” Eg playing with a friend, reading a book, talking to an adult	Ten Ten  Module 2 Unit 3 Session 1: Safe inside and out	Ten Ten  Module 2 Unit 3 Session 2 – My Body, My rules	Ten Ten / Zones  Module 2 Unit 3 Session 3 Feeling Poorly	<b>Caritas – Stewardship – Looking after God’s creation</b>	
<b>Year 1</b>	<b>Caritas – The dignity of work – Everybody’s work is valuable and important for the community.</b>	Zones of Emotional Regulation  To know how people “get back to green” Build on from reception to include use of fidget toys, counting, spending time alone	Ten Ten  Module 2, Unit 3, Session 5 – Can you help me? (Emergency services)	<b>Caritas – The dignity of work – Working together to build up our school family.</b>	Zones of Emotional Regulation  To know different emotions for each zone to include: Blue: Sad, tired, ill/poorly Green Zone: Happy, calm, relaxed Yellow Zone: excited, nervous, worried	<b>Caritas – Stewardship – Learning from God’s creation (interdependence)</b>	
<b>Year 2</b>	<b>Caritas – The dignity of work – Finding my special job, my</b>	Zones of Emotional Regulation  To know that how we behave may tell	Keeping and Staying Safe  Brushing Teeth	<b>Caritas – The dignity of work – Working hard to be the best</b>	Zones of Emotional Regulation  To know how to use Zones of	<b>Caritas – Stewardship – Making good choices – being responsible</b>	

	gift to the world	another person how we are feeling If we storm off we ae may be angry, if we laugh we are probably happy, if we want to be alone we may be sad, if we are being “silly2 we may be excited/nervous	Tying Shoelaces	you can be, for others.	Regulation as a reference for their own feelings and add more vocabulary: Blue: Sad, tired, ill/poorly, bored, Green Zone: Happy, calm, relaxed, proud		
Year 3	Caritas – The dignity of work – Exploring our understanding of work. How does work build us up?	Zones of Emotional Regulation  To know that all emotions are valid and are experienced in different circumstances but it is the way we express emotion that makes it appropriate or inappropriate.  We can be angry but it is not OK to hurt people and justify it by	Ten Ten Module 2 Unit 3: Drugs, Alcohol and Tobacco	Caritas – The dignity of work – The many sides of working together to build up a community.	Zones of Emotional Regulation  To know how to create their own Zones of Regulations resources eg personal leaflet or class display using images/words	Caritas – The dignity of work – The many sides of working together to build up a community.	
Year 4	Caritas – The dignity of work – Recognising and helping others to find	Zones of Emotional Regulation  To know and understand how the way emotions	Cycle safety (Keeping/Staying Safe)	Caritas – The dignity of work – Enabling each others to aim high	Zones of Emotional Regulation  To add to the vocabulary for each zone	Chores at home (The working world)	

	their gift and to share it.	are expressed makes other people feel (empathy) and start to moderate their own negative emotions in a way that does not impact negatively on others			Blue – listless Green – thankful Yellow – confused Red - out of control		
<b>Year 5</b>	Caritas – Stewardship – All things are connected	Zones of Emotional Regulation – To know and use idioms to express emotions Sad – down in the dumps Happy – over the moon Nervous – got butterflies in my tummy Angry – blew his top	Water Safety (Keeping/Staying Safe)	Caritas – Stewardship – Stewards of God's world	Zones of Emotional Regulation – transition to Y6  To know why we use the Zones of Regulation and how it helps us in school	Caritas – Stewardship – Seeing God in creation	
<b>Year 6</b>	Ten Ten  Module 1 Unit 3 – Emotional changes	Alcohol / Drugs (Keeping/Staying healthy)	Ten Ten  Module 1 Unit 3 – Session 4: Seeing Stuff Online	Ten Ten  Module 1 Unit 4 – Session 2: Making Babies	Budgeting and finance  How to budget and manage pocket money	Career development  Pathways to certain careers	