

RSHE Whole School Plan 2023-24

Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Advent 1	Module 1 Unit 1 Handmade With Love	Module 1 Unit 1 Let the Children Come	Module 1 Unit 1 Let the Children Come	Module 1 Unit 1 Get Up The Sacraments	Module 1 Unit 1 Get Up The Sacraments	Module 1 Unit 1 Calming the Storm	Module 1 Unit 1 Calming the Storm
Advent 2	Module 1 Unit 2 I Am Me Heads, Shoulders, Knees and Toes Ready Teddy?	Module 2 Unit 1 God Loves You	Module 2 Unit 1 God Loves You	Module 2 Unit 1 Jesus My Friend	Module 2 Unit 1 Jesus My Friend	Module 2 Unit 1 Is God Calling You?	Module 2 Unit 1 Is God Calling You?
Lent 1	Module 1 Unit 3 I Like, You Like, We All Like! Good Feelings, Bad Feelings Let's Get Real Unit 4 Growing Up	Module 2 Unit 2 Special People Treat Others Well... And Say Sorry	Module 1 Unit 3 Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry	Module 2 Unit 2 Family, Friends and Others When Things Feel Bad	Module 1 Unit 3 What Am I Feeling? What Am I Looking At? I Am Thankful!	Module 2 Unit 2 Under Pressure Do You Want a Piece of Cake? Self-Talk	Module 1 Unit 2 Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep
Lent 2	Module 2 Unit 1 Role Model Unit 2 Who's Who? You've Got a Friend in Me Forever Friends	Module 2 Unit 3 Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can You Help Me? (linked to Science)	Module 1 Unit 2 I Am Unique (Me) Girls and Boys (My Body) Clean and Healthy (My Health) Unit 4 The Cycle of Life (linked to Science)	Module 2 Unit 3 Sharing Online Chatting Online Physical Contact Drugs, Alcohol and Tobacco First Aid Heroes	Module 1 Unit 2 We Don't Have To Be The Same Respecting Our Bodies	(Moved from Y3/4 of the programme) Module 1 Unit 2 What is Puberty? Changing Bodies Module 1 Unit 4 Life Cycles (linked to Science)	Module 1 Unit 3 Body Image Funny Feelings Emotional Changes Seeing Stuff Online
Pentecost 1	Module 2 Unit 3 Safe Inside and Out My Body, My Rules Feeling Poorly People Who Help Us	Module 3 Unit 1 Three in One Who Is My Neighbour?	Module 3 Unit 1 Three in One Who Is My Neighbour?	Module 3 Unit 1 A Community of Love What is the Church?	Module 3 Unit 1 A Community of Love What is the Church?	Module 2 Unit 3 Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	Module 1 Unit 4 Making Babies (Part 1 only/Part 2 can be used by parents) Menstruation

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Pentecost 2	Module 3 Unit 1 God is Love Loving God, Loving Others Unit 2 Session 1: Me, You, Us	Module 3 Unit 2 The Communities We Live In	Module 3 Unit 2 The Communities We Live In	Module 3 Unit 2 How Do I Love Others?	Module 3 Unit 2 How Do I Love Others?	Module 3 Unit 1 Trinity House Catholic Social Teaching Module 3 Unit 2 Reaching Out	Module 3 Unit 1 Trinity House Catholic Social Teaching Module 3 Unit 2 Reaching Out
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Yearly Planner – Upper Key Stage Two

Session	Term	Year 5	Year 6
	Autumn 1		
	Autumn 2		
	Spring 1		
	Spring 2		
	Summer 1		
	Summer 2		