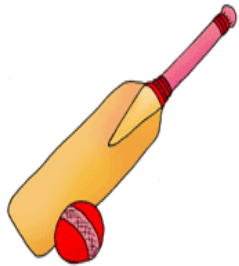




PE - Knowledge Organiser



Children will be taught to:

- Throw the ball accurately with control and consistency when fielding.
- Understand the rules of cricket and use them fairly.
- Catch the ball consistently when fielding using a variety of techniques.
- Apply skills gained to field effectively within a game.
- Bowl overarm with accuracy and consistency.
- Hold the bat correctly and bat with accuracy.
- Begin to use directional batting as a tactic and tactical fielding.

Things to think about:

- Remember to move into the batting to give it more power.
- When catching, cup your hands or move closer to the ground.
- Think about the direction you could hit and throw the ball.

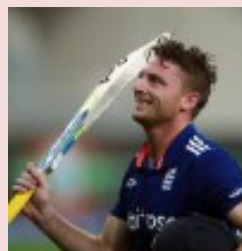


Safety:

- Remove all jewellery including earrings.
- Long hair must be tied back.
- Wear suitable footwear.
- Complete a warm-up and cool-down.

Inspiring Athlete

Jos Butler



Unit: Cricket

Key Vocabulary

Stump	Three vertical posts which support two smaller sticks on top, called balls. This is protected by the bowler and fielding team.
Bowl	When the bowler throws the ball overarm to the batter.
Bowler	The person who bowls the ball.
Batsman	The people hitting the ball on the green at the time.
Fielder	A person who is on the team which are bowling. Their job is to catch the ball and return it to the
Accuracy	Being able to throw and bat the ball to a given target.
Stamina	The ability to perform physical activity for a sustained period of time.
Passing/Pass	Sending the ball to another member of your team.
Foul	This is given when the bowler balls the ball wide or bowls the ball in the wrong place.
Strike	This is how frequently a batsman hits the ball.