



PE - Knowledge Organiser

Children will be taught to:

- Understand basic rules of football.
- Consolidate dribbling actions and practice passing.
- Kick/pass a football using the inside of their dominant foot.
- Kick a ball with some control and accuracy.
- Apply tactical skill and thinking to small games.
- Defend or protect the home scoring area.
- Attack by moving up the field towards the scoring area/goal.



Things to think about:

- To pass to team mates using the correct part of your foot.
- To use dodging to outwit the defenders.
- Use spatial awareness to watch out for other players on the pitch.

Safety:

- Remove all jewellery including earrings.
- Long hair must be tied back.
- Wear suitable footwear.
- Complete a warm-up and cool-down.

Inspiring Athlete

David Beckham



Unit: Football

Key Vocabulary

Receive	When the ball is passed to a player. They are able to catch it.
Accuracy	Being able to make a pass directly to another team mate's feet.
Stamina	The ability to perform physical activity for a sustained period of time.
Passing/Pass	Sending the ball to another member of your team.
Send	When you send the ball to a location through shooting and passing.
Attack	Movement made towards the opposition's scoring area within a game to score points.
Defend	Movements made to protect the home team's scoring area, preventing the oppositions from scoring.
Foot	The body part you use to pass the ball from A to B.

