St John Fisher Catholic Voluntary Academy
E-Safety Booklet

Be Safe, Be Secure, Be Smart…

Be in Control!

Name:

Date:

Task 1: Internet and E-Mail

1. **What is E-Safety?**

E-Safety is…	Place an 'X' in the correct box.
Being safe when using electricity sockets.	
Being careful and safe when using information technology.	
Being safe at school	

2. **What are the dangers of using the Internet and e-mail?**

Dangers	Place an 'X' in all the correct boxes.
You can buy shopping online.	
Credit card details may be stolen	
You could get a virus	
You do not know who you are talking to.	
You can send an email anywhere in the world.	
Wrong information may be found	
Copyright laws broken	
You can shop any time of day or night	

3. **What is phishing? Can you give an example? Go to this site to help you. http://www.teach-ict.com/glossary/P/phishing.htm**

Passwords

– What information you can tell others about yourself?

– What information helps others to know who you are?

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— What information is it important to keep to yourself? Why don't you give people on the Internet information about yourself?

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— Why are passwords something you never tell to even your best friends?

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4. Can you list four tips that you could give someone when using the internet and e-mail to keep them safe?

1.

2.

3.

4.

5. What should you do if you had been a victim of technology related problems?

Finished?

Visit: www.thinkuknow.co.uk and look around the site. Then attempt task 2…

How do I feel about being safe online?
(delete the two you do not feel)

Task 4: Cyberbullying

Visit: http://www.cyberbullying.info/office.php (hold ctrl + click)

1. Look on the desk and find 'What is Cyberbullying.'   When you click on it, what does the first line say cyberbullying is?

2. Go back. Find the mobile phone and open the inbox. Find out what happened to Kylie Kenney. Describe what happened below and also write what you think Kylie could have done to get help.

3. What is the best approach to dealing with Cyberbullying? What would you do?

How do I feel about tackling Cyberbullying?
(delete the two you do not feel)